



# THE LEGACY OF EMDR Review and Perspectives

#### INTERNATIONAL CONFERENCE

# FROM 17th TO 19th NOVEMBER 2022, IN LUXEMBOURG-CITY (LUX)

One wonders what effect Dr. Francine Shapiro's death will have on the future development of EMDR therapy. This innovative approach revolutionized psychotherapeutic practice the world over, one could argue it has contributed to significantly reducing human suffering. Before EMDR therapy began to take hold on the world stage, the field of psychotherapy was virtually powerless when dealing with psychological trauma. This novel intervention changed that by offering a comprehensive solution for understanding and managing various forms psychological trauma. Of course, more research is needed, both in terms of psychopathology and therapeutics. However, EMDR has already proven effective for successfully treating far more than PTSD. Realizing its full potential as a mental health intervention going forward will rely heavily on our ability to adapt and innovate.

The objective of the EMDR.22 Conference will be to provide an overview of both the current state of Francine Shapiro's legacy and perspectives on the future of EMDR as a comprehensive psychotherapy approach. Two risks will be central to the discussion: placing too great an emphasis on preserving the general frameworks Dr. Shapiro used to create and develop EMDR therapy such that we inhibit innovation or straying so far from these frameworks that we risk seeing an even greater emergence of approaches that amount to mere interpretations. Our job will be to define the contours of this legacy entrusted to us by Dr. Shapiro, reflect carefully on whether this responsibility includes moving beyond EMDR, decide together as clinicians and researchers on how we might prepare for the future and identify challenges EMDR therapy is likely to face in coming years.

Eventually, this conference will be the perfect opportunity to celebrate together the 20<sup>th</sup> anniversary of the EMDR France Association!



20<sup>th</sup> anniversary

# hosted



lecturer & researcher at EPSAM / APEMAC EA 4360 laboratory, director of "Centre Pierre Janet" at Université de Lorraine (fr).





psychologist specializing in psychotherapy FSP / federal, trainer at EMDR Institute and EMDR Europe. co-director of the IRTP (Institut Romand de PsychoTraumatologie) in Fribourg (Switzerland).





psychologist-clinician, EMDR Europe trainer, psychotraumatologist NtVP, director of INTEGRATIVA, director of the Léonce Roels Trauma Center.

**Ludwig Cornil** 



clinical psychologist in a hospital, EMDR Europe trainer, member of the French Institute of EMDR, lecturer at the University of Lorraine, Chairwoman of the French Institute of Psycho Traumatology, Chairwoman of Trauma Aid France.

**Martine Iracane-Coste** 





#### Simultaneous interpretation, both toward EN | FR and FR | EN

# PROGRAM

## Friday, November 18th, 2022 | 7 EMDR training credits

08.30-09.00 • Welcome and opening speech : EMDR, status report.

by Pr. Cyril Tarquinio, Ludwig Cornil, Eva Zimmermann and Martine Iracane-Coste

09.00-09.30 • EMDR Therapy, from the past to the future.

by Isabel Fernandez - EMDR Europe Association President

09.45-10.30 • EMDR in chronic diseases, a new field of investigation, research and clinical practice. by Pr. Cyril Tarquinio - lecturer and researcher at EPSAM / APEMAC EA4360 and Director of the Pierre Janet Center at Université de Lorraine

10.45-11.15 break A.M

11.15-12.00 • EMDR and new technologies: Back to the Future! by Dr. Samanta Al Joboory and Dr. A.M Erwan Dieu, Centre d'Accueil SPEcialisé dans le Repérage et le Traitement des Traumatismes psychiques (CASPERTT)

12.15-01.00 EMDR therapy - a neurobiological oriented treatment for traumatized and depressed patients. by Dr. Arne Hofmann - Director of the EMDR Institute® Germany, founding member of the EMDR Europe Association and member of the German PTSD Guidelines Commission

01.15-02.15 lunch P.M

02.15-03.00 P.M Between a surface treatment and an in-depth treatment, should we choose? Reflections on the effectiveness of the EMDR approach in three stages. by Dr. Hélène Dellucci - EMDR Europe trainer, working for the French EMDR Institute in Paris, lecturer at the University of Lorraine and La Trobe University (Melbourne)

03.15-04.00 Francine Shapiro : Our Inspiration.

by Robbie Dunton - EMDR Institute Coordinator, board member of Trauma Recovery/HAP, Dr. Marilyn Luber - Clinical Psychologist, Consultant & EMDR Certified Practitioner and Dr. Roger Solomon - trauma and grief psychologist, program director at EMDR Institute (USA), close collaborator of F. Shapiro

04.15-04.45 *break* P.M

04.45-05.30 • An update on the progress and future of EMDR Therapy.

by Dr. Andrew Leeds - Director of Training Sonoma Psychotherapy Training Institute, EMDRIA and EMDR Europe Approved Consultant and Trainer, EMDRIA Council of Scholars member and California Licensed Psychologist

EMDR France: 20 years of service!, and awarding the "Research" grant by Dr Leonard Ametepe, president of the association EMDR France









07.30-09.00 P.M La Science du Bonheur, general conference only in french and in person

by Florence Servan-Schreiber - journalist, author and lecturer, specialized in positive psychology

A conference, aimed at the general public, will be hosted by Florence Servan-Schreiber. Although free, registration for this event is not automatic for attendees. Due to a very limited number of seats, we urge you to register online as soon as the ticketing service is available (around May / June 2022) and no later than November 15, 2022.

Participants must register here, even if they already registered for EMDR.22



09.00-10.30 PM An additional fee of 55€ is required in order to attend. All-inclusive; will be served at the Parc-Hôtel Alvisse.

# Saturday, November 19th, 2022 | 7 EMDR training credits

08.30-09.00

A.M

09.00-09.45 A.M Welcome

Spotlight on future scenarios for EMDR therapy.

by Eva Zimmermann - psychologist specialized in psychotherapy FSP/federal, trainer at EMDR Institute and EMDR Europe, co-director of the Institut Romand de Psycho Traumatologie (IRPT) in Fribourg (Switzerland)

10.00-10.45 A.M The Now and Coming Traumas: how do we respond to this world challenge.

by Rolf Carrière - UN collaborator and friend of Francine Shapiro, emissary for the EMDR cause with many institutions

11.00-11.30 A.M break

11.30-12.15 A.M

• A short history of interoception: from trauma to management.

by Marion Trousselard - general practitioner specialized in trauma neuroscience, affiliated with the EPSAM / APEMAC EA4360 laboratory at the University of Lorraine and the Armed Forces Biomedical Research Institute (IRBA) in Brétigny-sur-Orge (France)

12.30-01.15

P.M

What scenario for the future of EMDR?

by Dr. Olivier Piedfort-Marin - psychologist specialized in psychotherapy FSP/federal, Vicepresident of EMDR Europe Association, Associate editor of the European Journal of Trauma and Dissociation and Co-director of the Institut Romand de Psychotraumatologie

01.30-02.30

lunch

P.M



P.M



02.30-03.15

Care for children: the future of EMDR.

by Dr. Michel Silvestre - psychologist, certified EMDR practitioner, EMDR supervisor and facilitator, member of the educational team of the French Institute of EMDR

03.30-04.15

EMDR and elderly people.

by Martine Iracane-Coste - clinical psychologist, EMDR Europe trainer, member of the French Institute of EMDR, lecturer at the University of Lorraine, President of the French Institute of Psycho Traumatology and President of Trauma Aid France and Pr. Olivier Guerin - Professor at the University of Nice Sophia-Antipolis and President of the French Society of Geriatrics and Gerontology

04.30-05.00 P.M break

05.00-05.45

Cross-cultural dimensions and EMDR.

P.M

by Anne Dewailly - clinical psychologist and psychotherapist, certified EMDR practitioner, EMDR supervisor and facilitator, member of the educational team of the French Institute of EMDR

06.00-06.15

Closing: assessment and perspectives

P.M

by Pr. Cyril Tarquinio, Ludwig Cornil, Eva Zimmermann et Martine Iracane-Coste

#### Access to the conference

"The Legacy of EMDR" international conference - including the workshops on November 17th, 2022 - will take place at the Parc-Hotel Alvisse, in Luxembourg City.

Located in a natural and quiet environment and only 5 minutes from the city center, 15 minutes from the airport and the Kirchberg plateau (by car), the Parc-Hotel Alvisse opens its doors to you on a vast complex, refurbished and equipped with a restaurant, a SPA Center and 480 parking spaces.

Adress: Parc-Hôtel Alvisse\*\*\*\*, 120 route d'Echternach, 1453 Luxembourg

Booking a room at Parc-Hôtel Alvisse

Nearby hotels:

Hostellerie Du Grünewald
Au P'tit Max
Double Tree Hilton

- Luxembourg Airport
- Public transportation free in Luxemburg









### Options and fees

### **Option "attend in person"**

Organization

#### Individual rate -470€ EMDR Europe member & cie AFTD member 390€ Continuous training intern Event partners Practitioners from Poland or Turkey Practitioners from Ukraine -

## Option "by videoconference live"

Individual rate	330€
EMDR Europe member & cie AFTD member Continuous training intern Event partners Practitioners from Poland or Turkey	250€
Practitioners from Ukraine	0€
Organization ————————————————————————————————————	350€
PhD student Student in initial training only "live, by videoconference"	0€

#### **REGISTER HERE**

Attendees will benefit from the same content, whether they choose "in person" or "by videoconference live". However, interactions will be limited by choosing "by videoconference live" option. Simultaneous interpretation will be operational for both options.

Something to ask? Feel free to contact us via <a href="mailto:emdr22-contact@univ-lorraine.fr">emdr22-contact@univ-lorraine.fr</a>



#### Hosedy by:

Cyril Tarquinio Ludwig Cornil Eva Zimmermann Martine Iracane-Coste







































































### Thursday, November 17th, 2022 | 3 workshops, from 01.00 PM to 06.30 PM



Warning: workshop fee is in addition to the EMDR Conference registration fee. Payment terms and conditions are set by the trainers themselves.

#### **ADDITIONAL DETAILS HERE**

1st topic EMDR and the power of the present moment, led by Ludwig Cornil

psychologist-clinician, EMDR Europe trainer, psychotraumatologist NtVP, director of INTEGRATIVA, director of the Léonce Roels Trauma Center



Registration is required before November 10<sup>th</sup>, 2022 via the Training Institute : <a href="http://integrativa.be/spip.php?article93&lang=fr">http://integrativa.be/spip.php?article93&lang=fr</a>

2<sup>nd</sup> topic

Psychotrauma, therapeutic mediation and EMDR therapy led by Martine Iracane-Coste



clinical psychologist in a hospital, EMDR Europe trainer, member of the French Institute of EMDR, lecturer at the University of Lorraine, Chairwoman of the French Institute of Psycho Traumatology, Chairwoman of Trauma Aid France.

Registration is required before November 10<sup>th</sup>, 2022 via the Training Institute : <a href="https://ifpt.fr/confemdr2211.html">https://ifpt.fr/confemdr2211.html</a>

3<sup>rd</sup> topic

What to do when you don't know what to do anymore? Some answers to the challenges of EMDR treatment for people with complex trauma

#### led by Eva Zimmermann



psychologist specializing in psychotherapy FSP / federal, trainer at EMDR Institute and EMDR Europe, co-director of the IRTP (Institut Romand de PsychoTraumatologie) in Fribourg (Switzerland).

Registration is required before November 10<sup>th</sup>, 2022 via the Training Institute: <u>secretariat@irpt.ch</u> (send an email to register or to get further informations if interested)





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